



Paramount Unified School District  
**Nutrition Services Department**  
**Teacher Field Trip Procedures**  
Revised 08.21.25



**Please note that all full day field trips must be offered breakfast and lunch meals.**

Field trip meals must be ordered at least 2 weeks before the event. Field trip meals can be ordered using the [PUSD Field Trip Form DIGITAL - How To Guide \(2023\).pdf](#). Arrangements for final meal counts and pick-up details should be coordinated between the cafeteria staff and the teacher(s)/site staff two days before the event.

- To ensure meals are available, it is critical to communicate with café manager about field trip dates (at least 2 weeks in advance)
- Please write in the names of **only** the students who would like the Café to provide their lunches on the attached roster.
- Inform the Café Manager if you are requesting Adult Meals
  - (Breakfast at \$ 5.00 & Lunch \$ 7.00 each)
- To prevent leftovers, unclaimed meals, or adult/staff meals will be billed to the school office account.
- Return completed Roster to cafeteria manager on the day of the field trip.
- Be aware of Time and Temperature. We encourage you to serve and eat breakfast and lunch at your earliest convenience.

**A Field Trip Meal Lunch Contains:**

- Turkey Sandwich (Cut in half)
  - Turkey and slices of cheese in a white whole wheat bread
- Fresh Whole Fruit
  - $\frac{3}{4}$  cup for K-8<sup>th</sup> or 1 cup for 9<sup>th</sup>-12<sup>th</sup> of bagged baby Carrots
- 8 oz. Milk (White/Chocolate)
- Mayonnaise and Mustard packets
- Ranch Dressing packet/cup.
- Sporketts & Straws

Menu subject to change.

This institution is an equal opportunity provider.