




September 2022 High School Breakfast Menu

Paramount Unified School District

Iced Coffee & Frappuccino
Offered Daily at the Pirate's
Coffee House!



Monday	Tuesday	Wednesday	Thursday	Friday
29 August Breakfast Burrito Pan Dulce Cereal w/String Cheese Jumpin' Juice	30 August Cinnamon Roll Mini Bagel Cereal w/String Cheese Yogurt Parfait	31 August Pancakes w/Sausage Links Muffin Cereal w/String Cheese Jumpin' Juice	1 Streusel Coffee Cake Pop-Tart Cereal w/String Cheese Yogurt Parfait	2 Super Donut Mini Cinnis Cereal w/String Cheese Jumpin' Juice
5 No School 	6 Cinnamon Roll Buttermilk Bar Cereal w/String Cheese Yogurt Parfait	7 Waffles w/Sausage Links Muffin Cereal w/String Cheese Jumpin' Juice	8 Streusel Coffee Cake Cinnamon Toast Crunch Bar Cereal w/String Cheese Yogurt Parfait	9 Super Donut Honey Bun Cereal w/String Cheese Jumpin' Juice
12 Breakfast Burrito Pan Dulce Cereal w/String Cheese Jumpin' Juice	13 Cinnamon Roll Mini Bagel Cereal w/String Cheese Yogurt Parfait	14 Funnel Cake w/Sausage Links Muffin Cereal w/String Cheese Jumpin' Juice	15 Streusel Coffee Cake Pop-Tart Cereal w/String Cheese Yogurt Parfait	16 Super Donut Mini Cinnis Cereal w/String Cheese Jumpin' Juice
19 Breakfast Croissant'wich Pan Dulce Cereal w/String Cheese Jumpin' Juice	20 Cinnamon Roll Buttermilk Bar Cereal w/String Cheese Yogurt Parfait	21 French Toast w/Sausage Links Muffin Cereal w/String Cheese Jumpin' Juice	22 Streusel Coffee Cake Cinnamon Toast Crunch Bar Cereal w/String Cheese Yogurt Parfait	23 Super Donut Honey Bun Cereal w/String Cheese Jumpin' Juice
26 Breakfast Burrito Pan Dulce Cereal w/String Cheese Jumpin' Juice	27 Cinnamon Roll Mini Bagel Cereal w/String Cheese Yogurt Parfait	28 Pancakes w/Sausage Links Muffin Cereal w/String Cheese Jumpin' Juice	29 Streusel Coffee Cake Pop-Tart Cereal w/String Cheese Yogurt Parfait	30 Super Donut Mini Cinnis Cereal w/String Cheese Jumpin' Juice

Offered Daily: Choice of One Entrée, Tater Tots, Seasonal Fruit Bar, 100% Fruit Juice, 1% White Milk, Non-Fat Strawberry, and Non-Fat Chocolate Milk.

FREE

Breakfast served daily for all PUSD students.

Menu Subject to Change - Due to national supply chain disruptions, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Thank you for understanding.

"This institution is an equal opportunity provider."