Middle School Breakfast Menu — November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Super Donut Parfait Bagel w/Cream Cheese	**3** Muffin Smoothie w/Cracker Bagel w/Cream Cheese	**4** Eggs, Turkey Bacon w/ French Toast Pancakes Bagel w/Cream Cheese	**5** NEW! Banana Split Hot Oatmeal Bar Croissant'wich	**6** Pumpkin Bread Parfait Bagel w/Cream Cheese
9 Pan Dulce Parfait Cereal w/String Cheese	**10** Mini Donuts Overnight Oats Cereal w/String Cheese	**11** 	**12** Cinnamon Roll Smoothie w/Cracker Cereal w/String Cheese	**13** Peach Cobbler Muffin Square Pop-Tart Cereal w/String Cheese
16 Super Donut Parfait Bagel w/Cream Cheese	**17** Muffin Smoothie w/Cracker Bagel w/Cream Cheese	**18** Eggs, Turkey Bacon w/ French Toast Pancakes Bagel w/Cream Cheese	**19** NEW! Banana Split Hot Oatmeal Bar Croissant'wich	**20** Fall Special Parfait Bagel w/Cream Cheese
	**Break 11/23 – 11/27**			
30 Pan Dulce Parfait Cereal w/String Cheese	**1 December** Mini Donuts Overnight Oats Cereal w/String Cheese	**2 December** Eggs, Chicken Sausage Patty w/ Funnel Cake Waffle Cereal w/String Cheese	**3 December** Cinnamon Roll Smoothie w/Cracker Cereal w/String Cheese	**4 December** Peach Cobbler Muffin Square Pop-Tart Cereal w/String Cheese
Menu Subject to Change	**Offered Daily: Tater Tots, Seasonal Fruit Bar, 100% Fruit Juice, 1% White Milk and Non-Fat Chocolate Milk.**			

FREE **Breakfast served daily for all PUSD students.**

"This institution is an equal opportunity provider."

Paramount Unified School District

Middle School Lunch Menu November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Wings & Papa John's Pizza Parfait	**3** Nachos Roasted Chicken w/Tortilla Parfait	**4** Pozole Papa John's Pizza Parfait	**5** Paradise Pizza Papa Cheese John's Pizza Peanut Butter & Jelly Sandwich	**6** Chicken **OR** Rebellyous Kickin' Tenders (V) N' Waffles Parfait
9 Spaghetti & Papa John's Pizza Smoothie	**10** Chicken Tamale Beef Taco Smoothie	**11** VETERANS DAY	**12** NEW! Orange Chicken Chicken Dumplings Parfait	**13** Papa John's Pizza Peanut Butter & Jelly Sandwich Parfait
16 Wings & Papa John's Pizza Parfait	**17** Pozole Bean & Cheese Burrito Parfait	**18** BYO Burger Spicy Chicken Sandwich Parfait	**19** Thanksgiving Luncheon Chicken Drumstick w/Mashed Potatoes & Dinner Roll **OR** Turkey Gravy w/Mashed Potatoes & Dinner Roll	**20** Fall Special Peanut Butter & Jelly Sandwich Parfait
	HAPPY Thanksgiving	**Break 11/23 – 11/27**		
30 Spaghetti & Papa John's Pizza Smoothie	**1 December** Chicken Tamale Beef Taco Smoothie	**2 December** Hot Chicken Strips Roasted Chicken Smoothie	**3 December** NEW! Ramen Papa John's Pizza Smoothie	**4 December** BYO Burger BYO Hot Dog Smoothie
Menu Subject to Change	**Offered Daily: Entrée, Seasonal Vegetable, Fresh Fruit, and a variety of Milk.**			

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