MIDDLE SCHOOL BREAKFAST MENU

Paramount Unified School District

wednesday TUESDay Monday

When we say school nutrition professionals are heroes, we mean it! That's why we celebrate them every spring with the annual School Lunch Hero Day. Join schools across the country that are recognizing the difference these team members make for every child who comes through their cafeteria.

Spiced Apple Bread Bagel w/Cream Cheese Caramel Mini Cinnis Cereal w/String Cheeses Yogurt Parfait Fruit Smoothie

HUrsday

Breakfast Burrito Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

Friday

Super Donut Pan Dulce Cereal w/String Cheese Yoaurt Parfait Fruit Smoothie

12 Super Donut Pan Dulce Cereal w/String Cheese Yogurt Parfait Fruit Smoothie 19

Super Donut Pan Dulce Cereal w/String Cheese Yogurt Parfait Fruit Smoothie 🛪

26.

Cinnamon Roll Pizza Baael Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

13 Cinnamon Roll Mocha Crumble Cereal w/String Cheese Yogurt Parfait Fruit Smoothie 20

Cinnamon Roll Pizza Baael Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

Super Donut Mocha Crumble Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

Funnel Cake Eggs Sausage Links 8 Pop-Tart Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

14 Waffle Sticks Eggs Sausage Links Pop-Tart Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

21 **21** Funnel Cake Eggs_{Saus}age Links Pop-Tart Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

French Toast 28 Eggs_{Sausage} Links Pop-Tart Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

Lemon Blueberry Bread Banana Loaf Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

Coffee Cake Bagel w/Cream Cheese Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

22 Lemon Blueberry Bread Banana Loaf Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

Spiced Apple Bread Bagel w/Cream Cheese Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

Breakfast Sandwic Mini Donuts Cereal w/String Cheese Yogurt Parfait

Fruit Smoothie

16 Breakfast Burrito Caramel Mini Cinnis Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

23 Breakfast Sandwich Mini Donuts Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

Breakfast Burrito Caramel Mini Cinnis Cereal w/String Cheese Yogurt Parfait Fruit Smoothie

Menu Subject to Change Offered Daily: Tater Tots, Seasonal Fruit Bar, 100% Fruit Juice, 1% White Milk, Non-Fat Strawberry, and Non-Fat Chocolate Milk.