



# May 2023

## Elementary Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Muffin Cereal w/String Cheese Yogurt Parfait	2 Donut Holes Cereal w/String Cheese Jumpin' Juice	3 Waffle, Eggs, and Sausages Cereal w/String Cheese Yogurt Parfait	4 Pan Dulce Cereal w/String Cheese Jumpin' Juice	5  Breakfast Taco w/Tater Tots Cereal w/String Cheese Yogurt Parfait
8 Crumb Cake Cereal w/String Cheese Yogurt Parfait	9 Cherry Strudel Cereal w/String Cheese Jumpin' Juice	10 French Toast, Eggs, and Sausages Cereal w/String Cheese Yogurt Parfait	11 Pancake Sausage Wrap Cereal w/String Cheese Jumpin' Juice	12 Breakfast Croissant'wich Cereal w/String Cheese Yogurt Parfait
15 Mini Bagel Cereal w/String Cheese Yogurt Parfait	16 Pan Dulce Cereal w/String Cheese Jumpin' Juice	17 Pancake, Eggs, and Sausages Cereal w/String Cheese Yogurt Parfait	18 Pizza Bagel Cereal w/String Cheese Jumpin' Juice	19 Super Donut Cereal w/String Cheese Yogurt Parfait
22 Breakfast Croissant'wich Cereal w/String Cheese Yogurt Parfait	23 Honey Bun Cereal w/String Cheese Jumpin' Juice	24 Funnel Cake, Eggs, and Sausages Cereal w/String Cheese Yogurt Parfait	25 Mini Donuts Cereal w/String Cheese Jumpin' Juice	26 Cinnamon Roll Cereal w/String Cheese Yogurt Parfait
29 	30 Donut Holes Cereal w/String Cheese Jumpin' Juice	31 Waffle, Eggs, and Sausages Cereal w/String Cheese Yogurt Parfait	1 June Pan Dulce Cereal w/String Cheese Jumpin' Juice	2 June Breakfast Taco w/Tater Tots Cereal w/String Cheese Yogurt Parfait

Offered Daily: Choice of One Entrée, Seasonal Fruit Bar, 100% Fruit Juice, 1% White Milk, Non-Fat Strawberry, and Non-Fat Chocolate Milk.



**FREE Breakfast served daily for all PUSD students.**

**Menu Subject to Change** - Due to national supply chain disruptions, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Thank you for understanding.

"This institution is an equal opportunity provider."





# Menu de Desayuno para Escuela de Primaria

Lunes	Martes	Miercoles	Jueves	Viernes
1 Muffin Cereal c/Tiras de Queso Yogurt con Fruta	2 Donitas Cereal c/Tiras de Queso Licuado de Fruta	3 Waffles, Huevos, y Salchicha Cereal c/Tiras de Queso Yogurt con Fruta	4 Pan Dulce Cereal c/Tiras de Queso Licuado de Fruta	5  Taco de Desayuno c/Papas Cereal c/Tiras de Queso Yogurt con Fruta
8 Panecito Mantecado Cereal c/Tiras de Queso Yogurt con Fruta	9 Pan de Cereza Cereal c/Tiras de Queso Licuado de Fruta	10 Pan Frances, Huevos, y Salchicha Cereal c/Tiras de Queso Yogurt con Fruta	11 Panque con Salchicha Cereal c/Tiras de Queso Licuado de Fruta	12 Croissant de Desayuno Cereal c/Tiras de Queso Yogurt con Fruta
15 Mini Bagel Cereal c/Tiras de Queso Yogurt con Fruta	16 Pan Dulce Cereal c/Tiras de Queso Licuado de Fruta	17 Panqueques, Huevos, y Salchicha Cereal c/Tiras de Queso Yogurt con Fruta	18 Pizza de Desayuno Cereal c/Tiras de Queso Licuado de Fruta	19 Super Dona Cereal c/Tiras de Queso Yogurt con Fruta
22 Croissant de Desayuno Cereal c/Tiras de Queso Yogurt con Fruta	23 Panecito Endulzado Cereal c/Tiras de Queso Licuado de Fruta	24 Funnel Cake, Huevos, y Salchicha Cereal c/Tiras de Queso Yogurt con Fruta	25 Donitas Cereal c/Tiras de Queso Licuado de Fruta	26 Pan de Canela Cereal c/Tiras de Queso Yogurt con Fruta
29 	30 Donitas Cereal c/Tiras de Queso Licuado de Fruta	31 Waffles, Huevos, y Salchicha Cereal c/Tiras de Queso Yogurt con Fruta	1 Junio Pan Dulce Cereal c/Tiras de Queso Licuado de Fruta	2 Junio Taco de Desayuno c/Papas Cereal c/Tiras de Queso Yogurt con Fruta

Escoger Solo UNA opción. Ofrecemos a diario Variedad de Frutas y Leches.



## Almuerzo gratis para todos los estudiantes de PUSD.

**Menú Sujeto a Cambios** - Debido a las interrupciones de la cadena de suministro nacional, tenemos que hacer cambios al menú con muy poco o sin tiempo de comunicación. Estamos haciendo lo mejor posible para servir las comidas planeadas. Gracias por su comprensión.

"Esta Institución es un proveedor que ofrece igualdad de oportunidades"



Name: \_\_\_\_\_

School/Grade \_\_\_\_\_



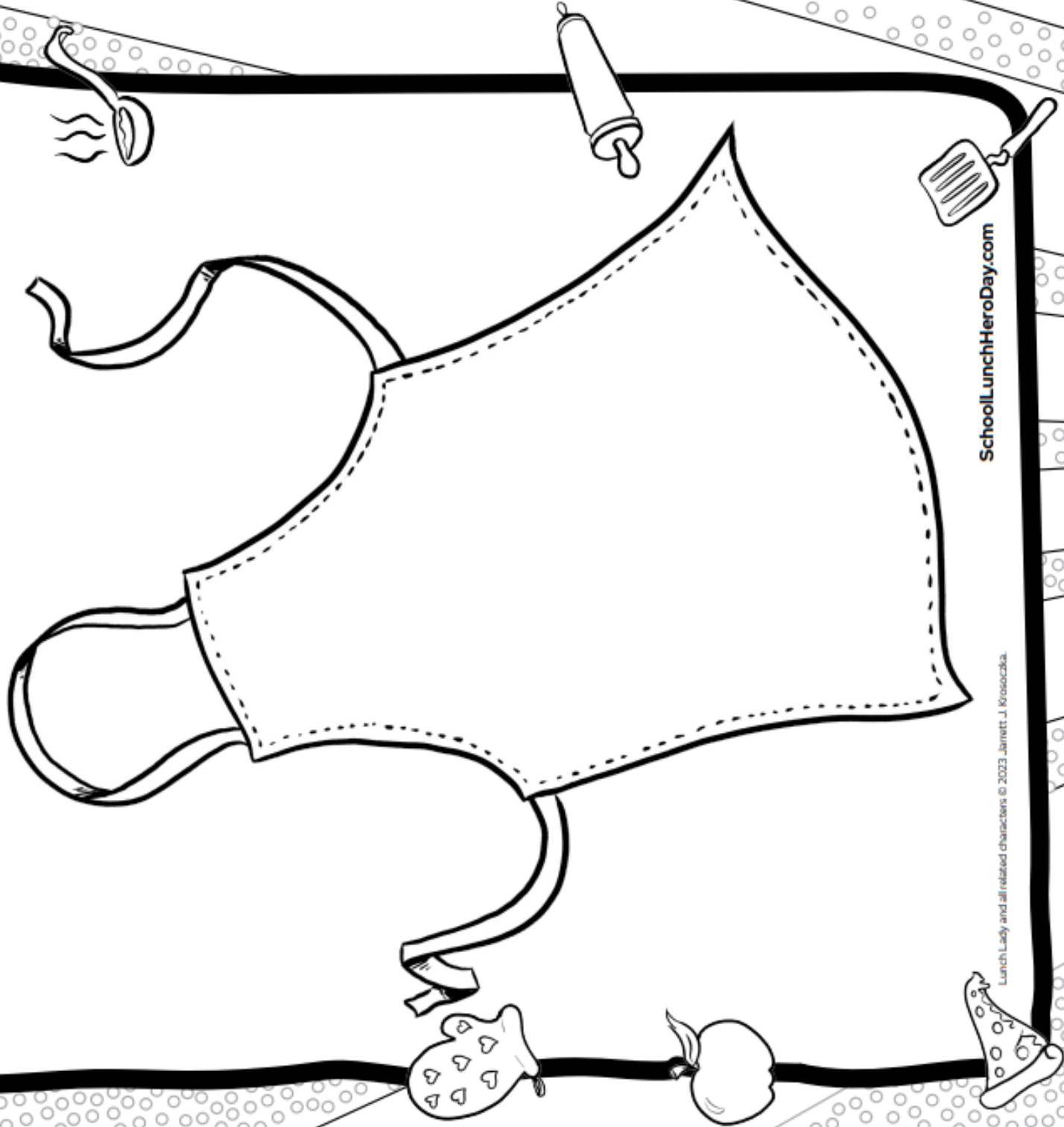
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# SCHOOL LUNCH HERO DAY

DESIGN YOUR OWN SCHOOL LUNCH HERO APRON!



Turn in your artwork to your cafeteria by  
May 12<sup>th</sup>. Best design will win a prize!



They might not fly or have superpowers (or maybe they do—we wouldn't be surprised!) but there's no question that school foodservice workers are heroes. On **May 5<sup>th</sup>**, it's all about recognizing the hard work school nutrition professionals do and the way it benefits children's education and growth.

Fill in the speech bubbles and/or write a message with words of appreciation for the cafeteria workers at your school site. Turn in your greeting card to your school site cafeteria by May 5<sup>th</sup>.

FOLD

Name: \_\_\_\_\_

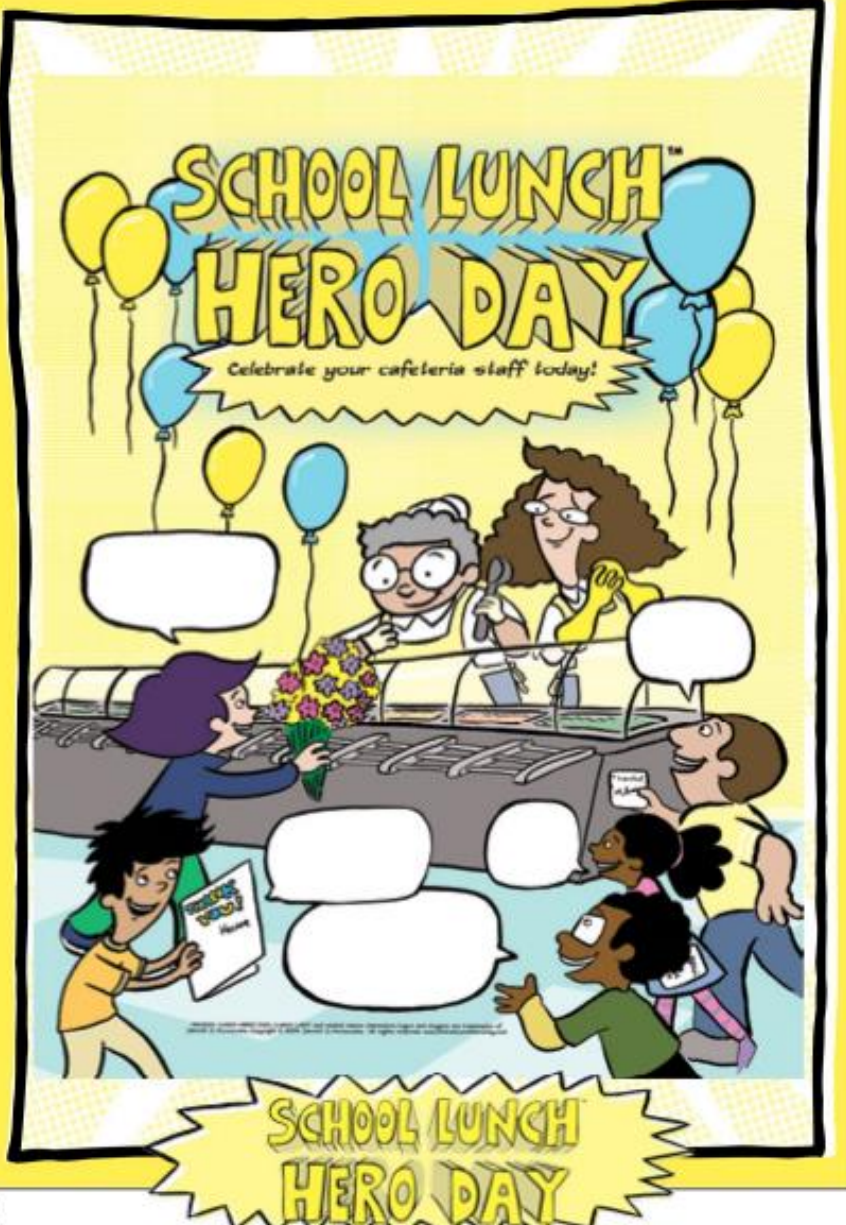
School/Grade: \_\_\_\_\_

A PICTURE MAY BE WORTH  
A THOUSAND WORDS,  
BUT I ONLY NEED TWO.  
THANK YOU!

School Nutrition Association



Lunch Lady © by Jarrett J. Krosoczka.



SCHOOL LUNCH  
HERO DAY

 CUT, FOLD, AND GLUE TOGETHER

FOLD