

# May 2023

## High School Breakfast Menu

Paramount Unified School District

Iced Coffee & Frappuccino  
Offered Daily at the Pirate's  
Coffee House!



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



1 Breakfast Burrito  
Pan Dulce  
Cereal w/String Cheese  
Jumpin' Juice

2 Cinnamon Roll  
Mini Bagel  
Cereal w/String Cheese  
Yogurt Parfait

3 Waffle Eggs Sausage Links  
Muffin  
Cereal w/String Cheese  
Jumpin' Juice

4 Coffee Cake  
Pop-Tart  
Cereal w/String Cheese  
Yogurt Parfait

5 Super Donut  
Mini Cinnis  
Cereal w/String Cheese  
Jumpin' Juice

8 Breakfast Croissant'wich  
Pan Dulce  
Cereal w/String Cheese  
Jumpin' Juice

9 Cinnamon Roll  
Mini Donuts  
Cereal w/String Cheese  
Yogurt Parfait

10 French Toast Eggs Sausage Links  
Muffin  
Cereal w/String Cheese  
Jumpin' Juice

11 Harvest Breakfast Bread  
Cinnamon Toast Crunch Bar  
Cereal w/String Cheese  
Yogurt Parfait

12 Super Donut  
Honey Bun  
Cereal w/String Cheese  
Jumpin' Juice

15 Breakfast Burrito  
Pan Dulce  
Cereal w/String Cheese  
Jumpin' Juice

16 Cinnamon Roll  
Mini Bagel  
Cereal w/String Cheese  
Yogurt Parfait

17 Pancakes Eggs Sausage Links  
Muffin  
Cereal w/String Cheese  
Jumpin' Juice

18 Coffee Cake  
Pop-Tart  
Cereal w/String Cheese  
Yogurt Parfait

19 Super Donut  
Cherry Strudel  
Cereal w/String Cheese  
Jumpin' Juice

22 Breakfast Croissant'wich  
Pan Dulce  
Cereal w/String Cheese  
Jumpin' Juice

23 Cinnamon Roll  
Mini Donuts  
Cereal w/String Cheese  
Yogurt Parfait

24 Funnel Cake Eggs Sausage Links  
Muffin  
Cereal w/String Cheese  
Jumpin' Juice

25 Harvest Breakfast Bread  
Cinnamon Toast Crunch Bar  
Cereal w/String Cheese  
Yogurt Parfait

26 Super Donut  
Honey Bun  
Cereal w/String Cheese  
Jumpin' Juice

2 **HAPPY**  
**Memorial**  
**DAY**

30 Cinnamon Roll  
Mini Bagel  
Cereal w/String Cheese  
Yogurt Parfait

31 Waffle Eggs Sausage Links  
Muffin  
Cereal w/String Cheese  
Jumpin' Juice

1 **June**  
Coffee Cake  
Pop-Tart  
Cereal w/String Cheese  
Yogurt Parfait

2 **June**  
Super Donut  
Cherry Strudel  
Cereal w/String Cheese  
Jumpin' Juice

Offered Daily: Choice of One Entrée, Tater Tots, Seasonal Fruit Bar, 100% Fruit Juice, 1% White Milk, Non-Fat Strawberry, and Non-Fat Chocolate Milk.

**FREE** Breakfast & Lunch served daily for all PUSD students.

**Menu Subject to Change** - Due to national supply chain disruptions, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Thank you for understanding.

"This institution is an equal opportunity provider."