

# May 2023

## ECE Breakfast Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
1	Mini Muffin Fresh Fruit 1% Low Fat Milk	2	Yogurt Fresh Fruit 1% Low Fat Milk	3	Waffle Fresh Fruit 1% Low Fat Milk	4	Pancake Sausage Wrap Fresh Fruit 1% Low Fat Milk	5	 Breakfast Taco w/Tater Tots Fresh Fruit 1% Low Fat Milk
8	Cereal Fresh Fruit 1% Low Fat Milk	9	Yogurt Fresh Fruit 1% Low Fat Milk	10	French Toast Fresh Fruit 1% Low Fat Milk	11	Pancake Sausage Wrap Fresh Fruit 1% Low Fat Milk	12	Breakfast Croissant'wich Fresh Fruit 1% Low Fat Milk
15	Mini Bagel Fresh Fruit 1% Low Fat Milk	16	Mini Muffin Fresh Fruit 1% Low Fat Milk	17	Pancake Fresh Fruit 1% Low Fat Milk	18	Pizza Bagel Fresh Fruit 1% Low Fat Milk	19	Cereal Fresh Fruit 1% Low Fat Milk
22	Breakfast Croissant'wich Fresh Fruit 1% Low Fat Milk	23	Yogurt Fresh Fruit 1% Low Fat Milk	24	French Toast Fresh Fruit 1% Low Fat Milk	25	Pancake Sausage Wrap Fresh Fruit 1% Low Fat Milk	26	Cereal Fresh Fruit 1% Low Fat Milk
29		30	Mini Muffin Fresh Fruit 1% Low Fat Milk	31	Waffle Fresh Fruit 1% Low Fat Milk	1	June Pizza Bagel Fresh Fruit 1% Low Fat Milk	2	June Breakfast Taco w/Tater Tots Fresh Fruit 1% Low Fat Milk

All grains served are made with whole grains.



**FREE Breakfast served daily for all PUSD students.**

**Menu Subject to Change** - Due to national supply chain disruptions, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Thank you for understanding.



"This institution is an equal opportunity provider."



# Menu de Desayuno Para ECE

Lunes	Martes	Miercoles	Jueves	Viernes
1 Mini Muffin Fruta Fresca Leche Blanca 1%	2 Yogurt Fruta Fresca Leche Blanca 1%	3 Wafle Fruta Fresca Leche Blanca 1%	4 Panque con Salchicha Fruta Fresca Leche Blanca 1%	5  Taco de Desayuno c/Papas Fruta Fresca Leche Blanca 1%
8 Cereal Fruta Fresca Leche Blanca 1%	9 Yogurt Fruta Fresca Leche Blanca 1%	10 Pan Frances Fruta Fresca Leche Blanca 1%	11 Panque con Salchicha Fruta Fresca Leche Blanca 1%	12 Croissant de Desayuno Fruta Fresca Leche Blanca 1%
15 Mini Bagel Fruta Fresca Leche Blanca 1%	16 Mini Muffin Fruta Fresca Leche Blanca 1%	17 Panqueques Fruta Fresca Leche Blanca 1%	18 Pizza de Desayuno Fruta Fresca Leche Blanca 1%	19 Cereal Fruta Fresca Leche Blanca 1%
22 Croissant de Desayuno Fruta Fresca Leche Blanca 1%	23 Yogurt Fruta Fresca Leche Blanca 1%	24 Pan Frances Fruta Fresca Leche Blanca 1%	25 Panque con Salchicha Fruta Fresca Leche Blanca 1%	26 Cereal Fruta Fresca Leche Blanca 1%
29 	30 Mini Muffin Fruta Fresca Leche Blanca 1%	31 Wafle Fruta Fresca Leche Blanca 1%	1 <b>Junio</b> Pizza de Desayuno Fruta Fresca Leche Blanca 1%	2 <b>Junio</b> Taco de Desayuno c/Papas Fruta Fresca Leche Blanca 1%

**TODO es de Trigo Entero.**



## Almuerzo gratis para todos los estudiantes de PUSD.

**Menú Sujeto a Cambios** - Debido a las interrupciones de la cadena de suministro nacional, tenemos que hacer cambios al menú con muy poco o sin tiempo de comunicación. Estamos haciendo lo mejor posible para servir las comidas planeadas. Gracias por su comprensión.

"Esta Institución es un proveedor que ofrece igualdad de oportunidades"



Name: \_\_\_\_\_

School/Grade \_\_\_\_\_



HIT ♥

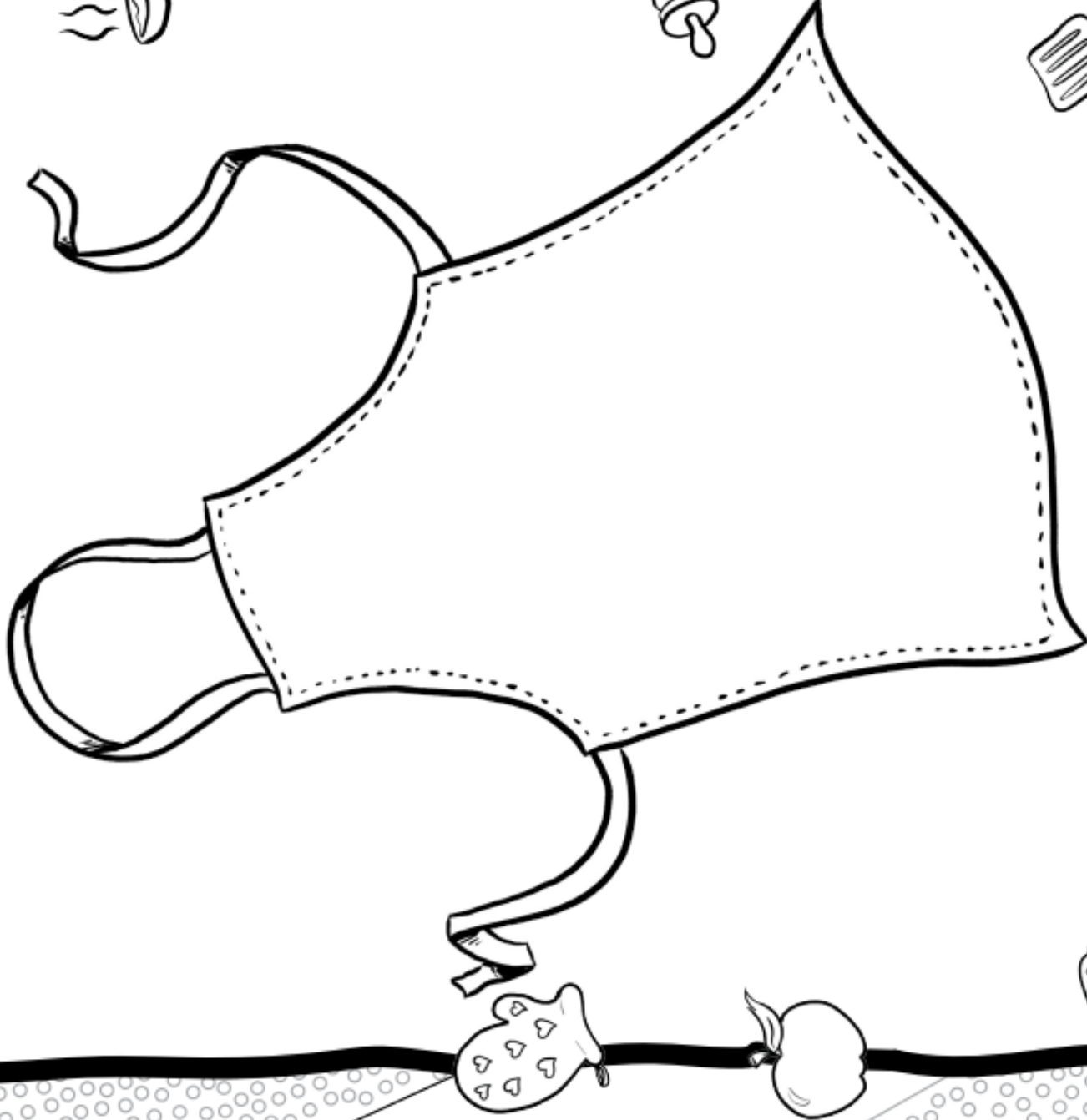
# SCHOOL LUNCH HERO DAY

DESIGN YOUR OWN SCHOOL LUNCH HERO APRON!

LET'S COOK



Turn in your artwork to your cafeteria by  
May 12<sup>th</sup>. Best design will win a prize!



SchoolLunchHeroDay.com

Lunch Lady and all related characters © 2023 Jannett J. Krosoczka.

They might not fly or have superpowers (or maybe they do—we wouldn't be surprised!) but there's no question that school foodservice workers are heroes. On **May 5<sup>th</sup>**, it's all about recognizing the hard work school nutrition professionals do and the way it benefits children's education and growth.

Fill in the speech bubbles and/or write a message with words of appreciation for the cafeteria workers at your school site. Turn in your greeting card to your school site cafeteria by May 5<sup>th</sup>.

FOLD

Name: \_\_\_\_\_

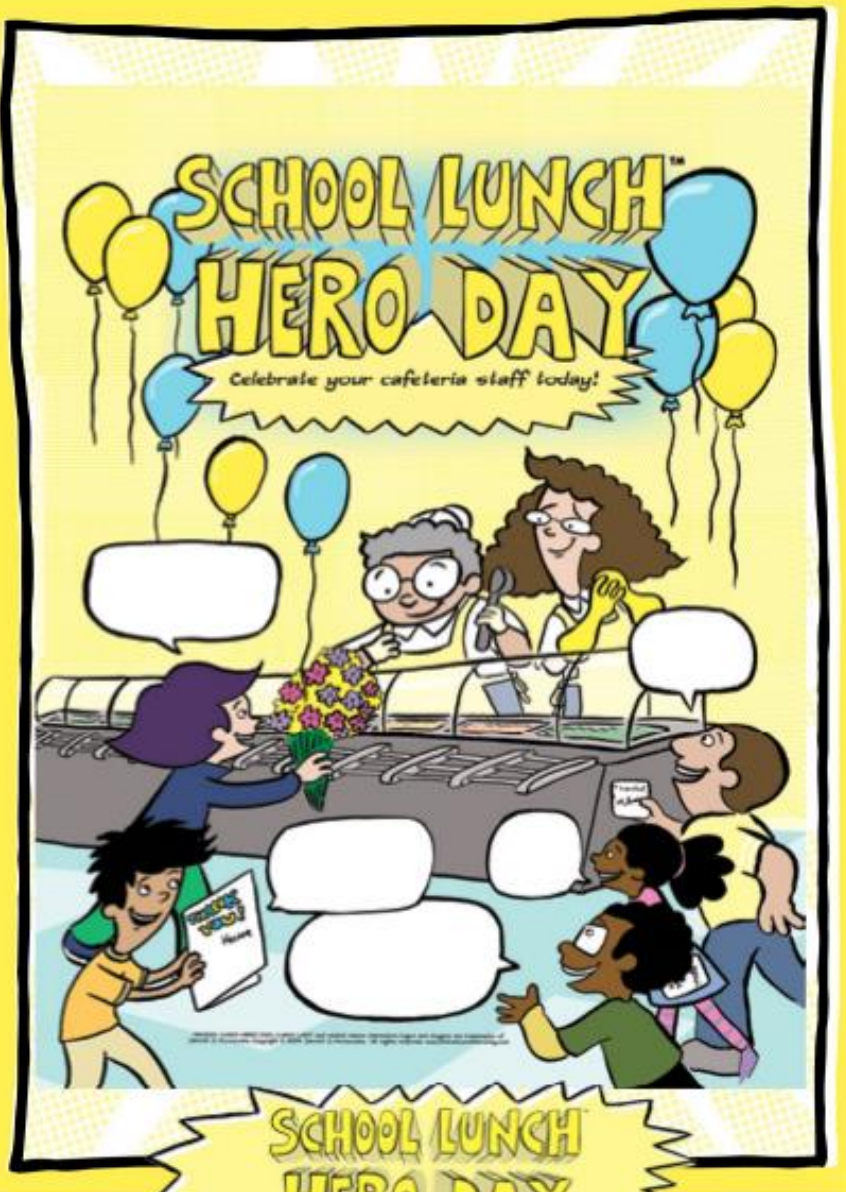
School/Grade: \_\_\_\_\_

A PICTURE MAY BE WORTH  
A THOUSAND WORDS,  
BUT I ONLY NEED TWO.  
THANK YOU!

School Nutrition Association



Lunch Lady © by Jarrett J. Krosoczka.



SCHOOL LUNCH  
HERO DAY

SCHOOL LUNCH  
HERO DAY

FOLD

 CUT, FOLD, AND GLUE TOGETHER