

# FEBRUARY 2023

# ECE Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
30 January Mini Muffin Fresh Fruit 1% Low Fat Milk	31 January Yogurt Fresh Fruit 1% Low Fat Milk	1 Waffles Fresh Fruit 1% Low Fat Milk	2 Pancake Sausage Wrap Fresh Fruit 1% Low Fat Milk	3 Breakfast Taco w/Tater Tots Fresh Fruit 1% Low Fat Milk
6 Pancake Sausage Wrap Fresh Fruit 1% Low Fat Milk	7 Yogurt Fresh Fruit 1% Low Fat Milk	8 French Toast Fresh Fruit 1% Low Fat Milk	9 Pizza Bagel Fresh Fruit 1% Low Fat Milk	10 Breakfast Croissant'wich Fresh Fruit 1% Low Fat Milk
13 	14 HAPPY Valentine's Day Yogurt Fresh Fruit 1% Low Fat Milk	15 Pancake Fresh Fruit 1% Low Fat Milk	16 Pancake Sausage Wrap Fresh Fruit 1% Low Fat Milk	17 Cereal Fresh Fruit 1% Low Fat Milk
20 	21 Yogurt Fresh Fruit 1% Low Fat Milk	22 French Toast Fresh Fruit 1% Low Fat Milk	23 Banana Split Fresh Fruit 1% Low Fat Milk	24 Cereal Fresh Fruit 1% Low Fat Milk
27 Mini Muffin Fresh Fruit 1% Low Fat Milk	28 Yogurt Fresh Fruit 1% Low Fat Milk	1 March Waffles Fresh Fruit 1% Low Fat Milk	2 March Green Eggs & Ham Fresh Fruit 1% Low Fat Milk	3 March Cereal Fresh Fruit 1% Low Fat Milk

All grains served are made with whole grains.

**FREE** Breakfast served daily for all PUSD students.

Menu Subject to Change - Due to national supply chain disruptions, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Thank you for understanding.

"This institution is an equal opportunity provider."



# Febrero 2023

## Menu De Desayuno

DISTRITO ESCOLAR UNIFICADO DE PARAMOUNT

### Para ECE

Lunes	Martes	Miercoles	Jueves	Viernes
30 Enero Mini Muffin Fruta Fresca Leche Blanca 1%	31 Enero Yogurt Fruta Fresca Leche Blanca 1%	1 Waffles Fruta Fresca Leche Blanca 1%	2 Panque con Salchicha Fruta Fresca Leche Blanca 1%	3 Taco de Desayuno c/Papas Fruta Fresca Leche Blanca 1%
6 Panque con Salchicha Fruta Fresca Leche Blanca 1%	7 Yogurt Fruta Fresca Leche Blanca 1%	8 Pan Frances Fruta Fresca Leche Blanca 1%	9 Pizza Bagel Fruta Fresca Leche Blanca 1%	10 Croissant de Desayuno Fruta Fresca Leche Blanca 1%
13 	14 HAPPY Valentine's Day Yogurt Fruta Fresca Leche Blanca 1%	15 Panqueques Fruta Fresca Leche Blanca 1%	16 Panque con Salchicha Fruta Fresca Leche Blanca 1%	17 Cereal Fruta Fresca Leche Blanca 1%
20 	21 Yogurt Fruta Fresca Leche Blanca 1%	22 Pan Frances Fruta Fresca Leche Blanca 1%	23 Banana Split Fruta Fresca Leche Blanca 1%	24 Cereal Fruta Fresca Leche Blanca 1%
27 Mini Muffin Fruta Fresca Leche Blanca 1%	28 Yogurt Fruta Fresca Leche Blanca 1%	1 Marzo Waffles Fruta Fresca Leche Blanca 1%	2 Marzo Huevos Verdes c/Jamón Fruta Fresca Leche Blanca 1%	3 Marzo Cereal Fruta Fresca Leche Blanca 1%

TODO es de Trigo Entero.

# GRATIS

## Desayuno gratis para todos los estudiantes de PUSD

**Menú Sujeto a Cambios** - Debido a las interrupciones de la cadena de suministro nacional, tenemos que hacer cambios al menú con muy poco o sin tiempo de comunicación. Estamos haciendo lo mejor posible para servir las comidas planeadas. Gracias por su comprensión.

"Esta Institución es un proveedor que ofrece igualdad de oportunidades"

