



# ECE MENU

2018-2019



## Breakfast & Lunch Menu

Menu Subject to Change

"This institution is an equal opportunity provider."

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>A Meal Consists of the Following Components:</b> Meat/Meat Alternate Bread/Grain Fruit, Vegetable or 100% Juice 1% Low Fat White Milk				
5 Whole Grain Bean & Cheese Burrito & Chili Cheese Fries	6 Whole Grain Cereal & Whole Grain Burrito	7 Whole Grain Breakfast Burrito & Whole Grain Papa John's Pizza	8 Trix Yogurt & Whole Grain BBQ Rib Sandwich	9 Whole Grain Peanut Butter & Jelly Sandwich & Pollo Loco Chicken
12 <b>Veterans Day</b> 	13 Danimals Yogurt & Whole Grain Taco	14 Whole Grain Breakfast Burrito & Whole Grain Papa John's Pizza	15 Grand Slam & Chicken Teriyaki w/ Whole Grain Rice	16 Whole Grain Cereal & Whole Grain Nachos
<b>No School-Non-Student Days</b> <b>11-19/11-23/18</b>				
26 Whole Grain Cereal & Whole Grain Cheese-burger	27 Whole Grain Peanut Butter & Jelly Sandwich & Whole Grain Taco	28 Whole Grain Breakfast Burrito & Whole Grain Papa John's Pizza	29 Trix Yogurt & Chicken & Gravy w/ Whole Grain Biscuit	30 Breakfast Croissant w/ Hash Brown & Whole Grain Pasta Bar

