





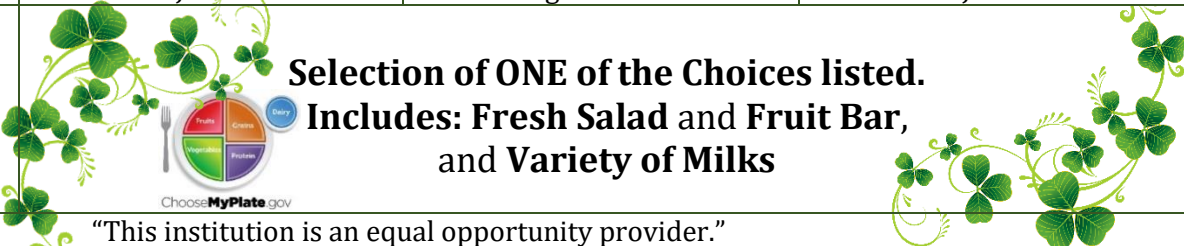




PARAMOUNT UNIFIED SCHOOL DISTRICT

2020

HIGH SCHOOLS  
LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <b>Roasted Chicken Dinner</b> Chinese Chicken Salad Tuna Salad Sandwich PB & J Sandwich	<b>3</b> <b>BYO Taco</b> <b>Chinese Chicken Salad</b> Tuna Salad Sandwich PB & J Sandwich Yogurt Parfait	<b>4</b>  <b>Papa John's Pizza</b> Chinese Chicken Salad Tuna Salad Sandwich PB & J Sandwich	<b>5</b> <b>Chicken N' French Toast</b> <b>Chinese Chicken Salad</b> Tuna Salad Sandwich PB & J Sandwich Yogurt Parfait	<b>6</b> <b>BYO Chicken "Pho" Soup</b> Chinese Chicken Salad Spicy Chicken Burger Tuna Salad Sandwich PB & J Sandwich
<b>9</b> <b>Chicken Blossom Bowl</b> Chef Salad Turkey & Cheese Sandwich PB & J Sandwich	 <b>10</b> <b>BYO Nachos</b> Chef Salad Turkey & Cheese Sandwich PB & J Sandwich Yogurt Parfait  <i>Clover Treat for EVERYONE!</i>	<b>11</b>  <b>Papa John's Pizza</b> Chef Salad Turkey & Cheese Sandwich PB & J Sandwich	<b>12</b> <b>Chili Cheese Dog</b> Chef Salad Turkey & Cheese Sandwich PB & J Sandwich Yogurt Parfait	<b>13</b> <b>BYO Pozole Bowl</b> Chef Salad Turkey & Cheese Sandwich PB & J Sandwich
<b>16</b> <b>Roasted Chicken Dinner</b> Chicken Caesar Salad Tuna Salad Sandwich PB & J Sandwich	<b>17</b> <b>BYO Carnitas Taco</b> Chicken Caesar Salad Tuna Salad Sandwich PB & J Sandwich Yogurt Parfait	<b>18</b>  <b>Papa John's Pizza</b> Chicken Caesar Salad Tuna Salad Sandwich PB & J Sandwich	 <b>19</b> <b>Corn Dog OR</b> <b>Chicken Nuggets</b> Chicken Caesar Salad PB & J Sandwich Yogurt Parfait	<b>20</b> <b>BYO Chicken "Pho" Soup</b> Chicken Caesar Salad Tuna Salad Sandwich PB & J Sandwich
<b>23</b> <b>Café Famous Chicken Bowl</b> Southwest Chicken Salad Turkey & Cheese Sandwich PB & J Sandwich	 <b>24</b> <b>BYO Nachos</b> Southwest Chicken Salad Turkey & Cheese Sandwich PB & J Sandwich Yogurt Parfait	<b>25</b>  <b>Papa John's Pizza</b> Southwest Chicken Salad Turkey & Cheese Sandwich PB & J Sandwich	<b>26</b> <b>Chicken Tamale</b> Southwest Chicken Salad Turkey & Cheese Sandwich PB & J Sandwich Yogurt Parfait	<b>27</b> <b>Baked Potato Bar</b> <b>Chili Cheese Fries</b> Southwest Chicken Salad Turkey & Cheese Sandwich PB & J Sandwich
<b>30</b> <b>Pollo Loco Style Chicken Bowl</b> Chinese Chicken Salad Tuna Salad Sandwich PB & J Sandwich	 <b>31</b> <b>Papa John's Pizza Day</b> Chinese Chicken Salad PB & J Sandwich Yogurt Parfait	 <b>Selection of ONE of the Choices listed.</b> <b>Includes: Fresh Salad and Fruit Bar,</b> <b>and Variety of Milks</b>		
<b>Menu Subject to Change</b>		 "This institution is an equal opportunity provider."		

Breakfast and Lunch are served at **NVCOST** to all PUSD students.

# SNACK BAR & CRUISER CART MENU

**STEP 1:  
CHOOSE 1  
ENTREE**



1. Nachos To-Go!  
*(Monday/Wednesday)*
2. Papa John's Pizza  
*(Tuesday & Thursday)*
3. Cafe Famous Bowl  
*(Friday)*
4. Spicy Chicken Burger
5. **Alternate Weeks of:**  
Cheeseburger Sliders **OR**  
Grilled Cheese Sandwich **OR**  
Bean & Cheese Burrito



**Ask Staff!**

## **Grab & Go!**

6. Entree Salad
7. Deli Sandwich (Includes cracker, fruit **OR** vegetable)
8. Peanut Butter & Jelly Sandwich  
(Includes cracker, fruit **OR** vegetable)



**STEP 2: MUST  
CHOOSE 1!**  
(FRUITS/VEGGIES)

1. Fries
2. Side Salad
3. Carrot Bites
4. Seasonal Fruit
5. 100% Fruit Juice

**OPTIONAL:  
MILK**

1. 1% White
2. Fat Free Chocolate