

CDS High School BREAKFAST Menu Rotation 2019-2020

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Pancakes OR Cereal w/String Cheese	Pan Dulce OR Jumpin' Juice	Mini Cinnis OR Cereal w/String Cheese	Cinnamon Roll OR Mini Pancakes	Breakfast Croissant <i>(Cheese & Sliced Turkey Ham)</i> OR Cereal w/String Cheese
Offered Daily: Hash Brown, Fresh Whole Fruit, 100% Fruit Juice, Choice of Milk <i>(Nonfat Chocolate OR 1% White)</i>				

CDS High School LUNCH Menu Rotation 2019-2020

week	Monday	Tuesday	Wednesday	Thursday	Friday
W1	Chicken Blossom Bowl OR Cheeseburger	Nachos OR Spicy Chicken Burger	SNS Famous Mashed Potato Bowl OR Hamburger	Pizza OR Burrito	Taco <i>(Street, Beef Crumble, Turkey Crumble)</i> OR Spicy Chicken Burger
W2	Teriyaki Chicken Bowl OR Cheeseburger	Chicken Fajita Bowl OR Spicy Chicken Burger	Brunch For Lunch <i>(Chicken & Waffle)</i> OR Hamburger	Pasta Bar OR Burrito	Pollo Loco Style Chicken Bowl OR Spicy Chicken Burger
Vegetable: A daily variety of seasonal vegetables					
Fruit: Seasonal Fruit, Fruit Juice 4 oz					
Milk: Nonfat Chocolate, 1% White					

