





2019 September



Menu Subject to Change

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2  Labor Day	3 Whole Grain Cheeseburger OR Whole Grain Chicken Tenders	4 Whole Grain Bean & Cheese Burrito OR Chicken Fajita on Whole Grain Soft Taco	5 Whole Grain Pizza OR Whole Grain BBQ Chicken Sandwich	6 Beef Teriyaki Dunkers w/Brown Rice OR Whole Grain Chicken Nuggets	
9  Whole Grain Nachos Day	10 Whole Grain Hot Doggies OR Whole Grain Mini Cheeseburgers	11 Whole Grain Chicken Enchiladas OR Carnitas on Whole Grain Tostada	12 Roasted Chicken w/Whole Grain Dinner Roll OR Whole Grain Chicken Tenders	13 Hot Dog on Whole Grain Bun OR Hamburger on Whole Grain Bun	
16 Whole Grain Mini Cheeseburgers OR Whole Grain Popcorn Chicken	17 Whole Grain BBQ Rib Sandwich OR Whole Grain Ham & Cheese Sandwich Melt	18 BYO Whole Grain Taco OR Whole Grain Chicken Fajita Burrito	19 Whole Grain Chicken Nuggets OR BBQ Chicken w/Whole Grain Dinner Roll	20 Whole Grain Grilled Cheese Sandwich	
23 Whole Grain Pepperoni Pizza OR Carnitas on Whole Grain Tostada	24 Whole Grain Chicken Burger OR Whole Grain Corn Doggies	25  Whole Grain Nachos Day	26 Whole Grain Spaghetti w/Meat Sauce w/Whole Grain Garlic Bread OR Roasted Chicken w/Whole Grain Garlic Bread	27 Whole Grain Chicken Fajita Bowl OR Whole Grain Chicken Tender	
30  Whole Grain Papa John's Pizza Day OR Peanut Butter & Jelly Sandwich	<div style="border: 2px solid orange; padding: 10px; text-align: center;"> <p>Offered Daily: Selection of ONE Entrée listed. Includes: Fresh Salad Bar and 1% White Milk</p> </div>			<div style="border: 2px solid orange; padding: 10px; text-align: center;"> <p>Breakfast and Lunch are served at NO COST to all PUSD students.</p> </div>	

