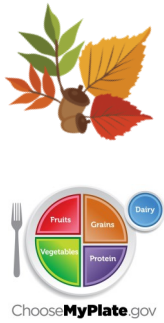





2019 September



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Menu Subject to Change

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  HAPPY <i>Labor Day</i>	3 Yogurt Fresh Fruit 1% Low Fat White Milk	4 Whole Grain Cereal Fresh Fruit 1% Low Fat White Milk	5 WG Mini Muffin Fresh Fruit 1% Low Fat White Milk	6 Whole Grain Cheesy Quesadilla w/Tater Tots Fresh Fruit 1% Low Fat White Milk
9 Whole Grain Mini Waffles Fresh Fruit 1% Low Fat White Milk	10 Yogurt Fresh Fruit 1% Low Fat White Milk	11 Whole Grain Cereal Fresh Fruit 1% Low Fat White Milk	12 Whole Grain Pancakes Fresh Fruit 1% Low Fat White Milk	13 Whole Grain Mini Muffin Fresh Fruit 1% Low Fat White Milk
16 Whole Grain Mini Muffin Fresh Fruit 1% Low Fat White Milk	17 Yogurt Fresh Fruit 1% Low Fat White Milk	18 Whole Grain Cereal Fresh Fruit 1% Low Fat White Milk	19 Whole Grain Mini Muffin Fresh Fruit 1% Low Fat White Milk	20 Pancake Sausage Wrap Fresh Fruit 1% Low Fat White Milk
23 Whole Grain Cereal Fresh Fruit 1% Low Fat White Milk	24 Yogurt Fresh Fruit 1% Low Fat White Milk	25 Whole Grain Mini Pancakes Fresh Fruit 1% Low Fat White Milk	26 Whole Grain Mini Muffin Fresh Fruit 1% Low Fat White Milk	27 Yogurt Fresh Fruit 1% Low Fat White Milk
30 Whole Grain Mini Muffin Fresh Fruit 1% Low Fat White Milk	 Every Meal Includes: Fresh Fruit and 1% Low Fat White Milk		 Breakfast and Lunch are served at <u>NO COST</u> to all PUSD students.	



"This institution is an equal opportunity provider."

