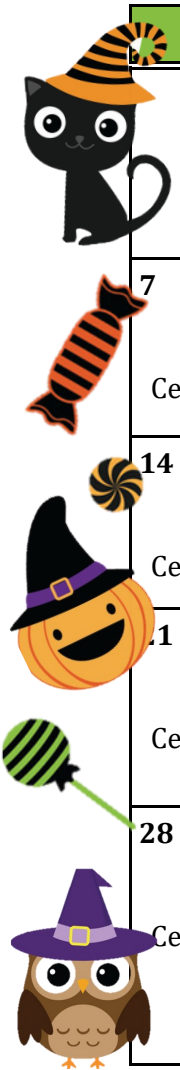





**Offered Daily:** Selection of ONE of the Choices listed.  
**Includes:** Fresh Fruit Bar, Fruit Juice, and Variety of Milks

Breakfast and Lunch are served at **NO COST** to all PUSD students.

# October 2019

We're open **EARLY** everyday, so join us for **FREE** breakfast!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 French Toast Sticks <b>OR</b> Cereal w/String Cheese	2 Funnel Cake <b>OR</b> Cereal w/String Cheese	3 Pan Dulce <b>OR</b> Cereal w/String Cheese	4 Breakfast Taco w/Tater Tots <b>OR</b> Cereal w/String Cheese
7 Mini Waffles <b>OR</b> Cereal w/String Cheese	8 Banana Split <b>OR</b> Cereal w/String Cheese	9 Cinnamon Roll <b>OR</b> Cereal w/String Cheese	10 Pancakes <b>OR</b> Cereal w/String Cheese	11 Muffin <b>OR</b> Cereal w/String Cheese
14 Muffin <b>OR</b> Cereal w/String Cheese	15 Yogurt w/Graham Crackers <b>OR</b> Cereal w/String Cheese	16 Pan Dulce <b>OR</b> Cereal w/String Cheese	17 Funnel Cake <b>OR</b> Cereal w/String Cheese	18 Pancake Sausage Wrap <b>OR</b> Cereal w/String Cheese
21 Honey Bun <b>OR</b> Cereal w/String Cheese	22 Mini Cinnis <b>OR</b> Cereal w/String Cheese	23 Mini Pancakes <b>OR</b> Cereal w/String Cheese	24 Muffin <b>OR</b> Cereal w/String Cheese	25 Yogurt w/Graham Crackers <b>OR</b> Cereal w/String Cheese
28 Pop Tart <b>OR</b> Cereal w/String Cheese	29 French Toast Sticks <b>OR</b> Cereal w/String Cheese	30 Pan Dulce <b>OR</b> Cereal w/String Cheese	31  Spooky Webby Funnel Cake <b>OR</b> Cereal w/String Cheese	

Menu Subject to Change

"This institution is an equal opportunity provider."

**Ofrecemos:** UNA de las dos selecciones  
**Incluye:** Fruta Fresca,  
 Jugo de Frutas y  
 Variedad de Leche

# Octubre 2019

Desayuno y Almuerzo **SIN COSTO** a todos los estudiantes del Distrito Escolar Unificado de Paramount.

Abrimos **TEMPRANO** todos los días, ven a desayunar **GRATIS** con nosotros!

	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
		1 Pan Tostado Frances 0 Cereal y Queso	2 Funnel Cake 0 Cereal y Queso	3 Pan Dulce 0 Cereal y Queso	4 Taco de Desayuno Con/Papitas 0 Cereal y Queso
	7 Mini Waffles 0 Cereal y Queso	8 Banana Split 0 Cereal y Queso	9 Pan de Canela 0 Cereal y Queso	10 Panqueques 0 Cereal y Queso	11 Muffin 0 Cereal y Queso
	14 Muffin 0 Cereal y Queso	15 Yogurt y Galletas 0 Cereal y Queso	16 Pan Dulce 0 Cereal y Queso	17 Funnel Cake 0 Cereal y Queso	18 Panque con Salchicha 0 Cereal y Queso
	21 Panecito Enmielado 0 Cereal y Queso	22 Mini Pan de Canela 0 Cereal y Queso	23 Mini Panqueques 0 Cereal y Queso	24 Muffin 0 Cereal y Queso	25 Yogurt y Galletas 0 Cereal y Queso
	28 Pop Tart 0 Cereal y Queso	29 Pan Tostado Frances 0 Cereal y Queso	30 Pan Dulce 0 Cereal y Queso	31  Funnel Cake 0 Cereal y Queso	

M e n u d e d e s a y u n o

Menu Sujeto a Cambios